

*HAND BOOK OF THE  
SOUL  
30-Days In His Glory*



### **Psalm. 8:1-2**

O LORD, our Lord, your majestic name fills the earth! Your glory is higher than the heavens. You have taught children and infant to tell of your strength, silencing your enemies and all who oppose you.

### **Psalm. 8:3-9**

When I look at the night sky and see the work of your fingers—the moon and the stars you set in place—<sup>4</sup> what are mere mortals that you should think about them, human beings that you should care for them?<sup>5</sup> Yet you made them only a little lower than God and crowned them with glory and honor.<sup>6</sup> You gave them charge of everything you made, putting all things under their authority—<sup>7</sup> the flocks and the herds and all the wild animals,<sup>8</sup> the birds in the sky, the fish in the sea, and everything that swims the ocean currents.



O LORD, our Lord, your majestic name fills the earth!

**Psalm. 9:1-11**

I will praise you, LORD, with all my heart; I will tell of all the marvelous things you have done.<sup>2</sup> I will be filled with joy because of you. I will sing praises to your name, O Most High.<sup>5</sup> You have rebuked the nations and destroyed the wicked; you have erased their names forever.<sup>6</sup> The enemy is finished, in endless ruins; the cities you uprooted are now forgotten. But the LORD reigns forever, executing judgment from his throne.<sup>8</sup> He will judge the world with justice and rule the nations with fairness.<sup>9</sup>

The LORD is a shelter for the oppressed, a refuge in times of trouble.<sup>10</sup> Those who know your name trust in you, for you, O LORD, do not abandon those who search for you.



Sing praises to the LORD who reigns in Jerusalem. Tell the world about his unforgettable deeds.

### **Psalm 10:16 -18**

<sup>16</sup> Jehovah [is] king to the age, and forever, The nations have perished out of His land! <sup>17</sup> The desire of the humble Thou hast heard, O Jehovah. Thou preparest their heart; Thou causest Thine ear to attend, <sup>18</sup> To judge the fatherless and bruised: He addeth no more to oppress — man of the earth!

### **Psalm 11:3 -7**

The foundations of law and order have collapsed. What can the righteous do? “But the LORD is in his holy Temple; the LORD still rules from



heaven. He watches everyone closely, examining every person on earth.<sup>5</sup> The LORD examines both the righteous and the wicked. He hates those who love violence.<sup>6</sup> He will rain down blazing coals and burning sulfur on the wicked, punishing them with scorching winds.<sup>7</sup> For the righteous LORD loves justice. The virtuous will see his face.

### **Psalm 18:1-36**

I love you, LORD; you are my strength.<sup>2</sup> The LORD is my rock, my fortress, and my savior; my God is my rock, in whom I find protection. He is my shield, the power that saves me, and my place of safety.<sup>3</sup> I called on the LORD, who is worthy of praise, and he saved me from my enemies.<sup>7</sup> And shake and tremble doth the earth, And foundations of hills are troubled. And they shake — because He hath wrath. <sup>8</sup> Gone up hath smoke by His nostrils, And fire from His mouth consumeth, Coals have been kindled by it.



<sup>9</sup> He inclineth the heavens, and cometh down,  
And thick darkness [is] under His feet. <sup>10</sup> And He  
rideth on a cherub, and doth fly, And He flieth on  
wings of wind. <sup>11</sup> He maketh darkness His secret  
place, Round about Him His tabernacle,  
Darkness of waters, thick clouds of the skies. <sup>12</sup>  
From the brightness over-against Him His thick  
clouds have passed on, Hail and coals of fire. <sup>13</sup>  
And thunder in the heavens doth Jehovah,

And the Most High giveth forth His voice, Hail  
and coals of fire. <sup>14</sup> And He sendeth His arrows  
and scattereth them, And much lightning, and  
crusheth them. <sup>15</sup> And seen are the streams of  
waters, And revealed are foundations of the earth.  
From Thy rebuke, O Jehovah, From the breath of  
the spirit of Thine anger. To the faithful you show  
yourself faithful; to those with integrity you show  
integrity.<sup>26</sup> To the pure you show yourself pure,  
but to the crooked you show yourself shrewd.<sup>27</sup>



You rescue the humble, but you humiliate the proud.<sup>28</sup> You light a lamp for me.

The LORD, my God, lights up my darkness.<sup>29</sup> In your strength I can crush an army; with my God I can scale any wall. God's way is perfect. All the LORD's promises prove true. He is a shield for all who look to him for protection.<sup>31</sup> For who is God except the LORD? Who but our God is a solid rock?<sup>32</sup> God arms me with strength, and he makes my way perfect.<sup>33</sup> He makes me as surefooted as a deer, enabling me to stand on mountain heights.<sup>34</sup>

He trains my hands for battle; he strengthens my arm to draw a bronze bow.<sup>35</sup> You have given me your shield of victory. Your right hand supports me; your help has made me great.<sup>36</sup> You have made a wide path for my feet to keep them from slipping.

**Psalm 19:1-11**



The heavens proclaim the glory of God. The skies display his craftsmanship.<sup>2</sup> Day after day they continue to speak; night after night they make him known.<sup>3</sup> They speak without a sound or word; their voice is never heard.<sup>4</sup> Yet their message has gone throughout the earth, and their words to all the world. God has made a home in the heavens for the sun.<sup>5</sup>

It bursts forth like a radiant bridegroom after his wedding. It rejoices like a great athlete eager to run the race.<sup>6</sup> The sun rises at one end of the heavens and follows its course to the other end. Nothing can hide from its heat. The instructions of the LORD are perfect, reviving the soul. The decrees of the LORD are trustworthy, making wise the simple.<sup>8</sup> The commandments of the LORD are right, bringing joy to the heart. The commands of the LORD are clear, giving insight for living.<sup>9</sup> Reverence for the LORD is pure, lasting forever.





The laws of the LORD are true; each one is fair.<sup>10</sup> They are more desirable than gold, even the finest gold. They are sweeter than honey, even honey dripping from the comb.<sup>11</sup> They are a warning to your servant, a great reward for those who obey them.”

### **Psalm 24:1-10**

The earth is the LORD’s, and everything in it. The world and all its people belong to him.<sup>2</sup> For he laid the earth’s foundation on the seas and built it on the ocean depths. Who may climb the mountain of the LORD? Who may stand in his holy place?<sup>4</sup>

Only those whose hands and hearts are pure, who do not worship idols and never tell lies.<sup>5</sup> They will receive the LORD’s blessing and have a right relationship with God their savior.<sup>6</sup> Such people may seek you and worship in your presence, O God of Jacob.<sup>a</sup>



Open up, ancient gates! Open up, ancient doors, and let the King of glory enter.<sup>8</sup> Who is the King of glory? The LORD, strong and mighty; the LORD, invincible in battle.<sup>9</sup> Open up, ancient gates! Open up, ancient doors, and let the King of glory enter.<sup>10</sup> Who is the King of glory, The LORD of Heaven's Armies—he is the King of glory.

### **Psalm 25:8 -10**

The LORD is good and does what is right; he shows the proper path to those who go astray.<sup>9</sup> He leads the humble in doing right, teaching them his way.<sup>10</sup> The LORD leads with unfailing love and faithfulness all who keep his covenant and obey his demands.

### **Psalm 29:1-11**

Honor the LORD, you heavenly beings; honor the LORD for his glory and strength.<sup>2</sup> Honor the



LORD for the glory of his name. Worship the LORD in the splendor of his holiness. The voice of the LORD echoes above the sea. The God of glory thunders. The LORD thunders over the mighty sea.<sup>4</sup> The voice of the LORD is powerful; the voice of the LORD is majestic.<sup>5</sup> The voice of the LORD splits the mighty cedars; the LORD shatters the cedars of Lebanon.<sup>6</sup> He makes Lebanon's mountains skip like a calf; he makes Mount Hermon<sup>a</sup> leap like a young wild ox.<sup>7</sup> The voice of the LORD strikes with bolts of lightning.<sup>8</sup> The voice of the LORD makes the barren wilderness quake; the LORD shakes the wilderness of Kadesh.<sup>9</sup> The voice of the LORD twists mighty oaks and strips the forests bare. In his Temple everyone shouts, "Glory! "The LORD rules over the floodwaters. The LORD reigns as king forever.<sup>11</sup> The LORD gives his people strength. The LORD blesses them with peace.



### **Psalm 31:19 -20**

How great is the goodness you have stored up for those who fear you? You lavish it on those who come to you for protection, blessing them before the watching world.<sup>20</sup> You hide them in the shelter of your presence, safe from those who conspire against them. You shelter them in your presence, far from accusing tongues.

### **Psalm 33:10-22**

The LORD frustrates the plans of the nations and thwarts all their schemes. But the LORD's plans stand firm forever; his intentions can never be shaken. What joy for the nation whose God is the LORD, whose people he has chosen as his inheritance?

The LORD looks down from heaven and sees the whole human race.<sup>14</sup> From his throne he observes all who live on the earth.<sup>15</sup> He made their hearts, so he understands everything they do.<sup>16</sup> The best-



equipped army cannot save a king, nor is great strength enough to save a warrior.<sup>17</sup> Don't count on your warhorse to give you victory—for all its strength, it cannot save you. But the LORD watches over those who fear him, those who rely on his unfailing love.<sup>19</sup> He rescues them from death and keeps them alive in times of famine.

We put our hope in the LORD. He is our help and our shield.<sup>21</sup> In him our hearts rejoice, for we trust in his holy name.<sup>22</sup> Let your unfailing love surround us, LORD, for our hope is in you alone.

### **Psalm 36:5 -10**

Your unfailing love, O LORD, is as vast as the heavens; your faithfulness reaches beyond the clouds.<sup>6</sup> Your righteousness is like the mighty mountains, your justice like the ocean depths. You care for people and animals alike, O LORD.<sup>7</sup>



How precious is your unfailing love, O God! All humanity finds shelter in the shadow of your wings.<sup>8</sup> You feed them from the abundance of your own house, letting them drink from your river of delights.<sup>9</sup> For you are the fountain of life, the light by which we see. Pour out your unfailing love on those who love you; give justice to those with honest hearts.

**Psalm 39:5-7**

You have made my life no longer than the width of my hand. My entire lifetime is just a moment to you; at best, each of us is but a breath.” We are merely moving shadows, and all our busy rushing ends in nothing. We heap up wealth, not knowing who will spend it.<sup>7</sup> And so, Lord, where do I put my hope? My only hope is in you.

**Psalm 40: 4-9**



Oh, the joys of those who trust the LORD, who have no confidence in the proud or in those who worship idols.<sup>5</sup> O LORD my God, you have performed many wonders for us. Your plans for us are too numerous to list. You have no equal. If I tried to recite all your wonderful deeds, I would never come to the end of them.

You take no delight in sacrifices or offerings. Now that you have made me listen, I finally understand—you don't require burnt offerings or sin offerings.<sup>7</sup> Then I said, "Look, I have come. As is written about me in the Scriptures:<sup>8</sup> I take joy in doing your will, my God, for your instructions are written on my heart. I have told all your people about your justice. I have not been afraid to speak out, as you, O LORD, well know.

**Psalm 40:16**

But may all who search for you be filled with joy and gladness in you. May those who love your



salvation repeatedly shout, “The LORD is great!”

**Psalm. 45:1-9**

My heart is stirred by a noble theme as I recite my verses for the king; my tongue is the pen of a skillful writer. Beautiful words stir my heart. I will recite a lovely poem about the king, for my tongue is like the pen of a skillful poet. You are the most handsome of all. Gracious words stream from your lips. God himself has blessed you forever.<sup>3</sup> Put on your sword, O mighty warrior! You are so glorious, so majestic!<sup>4</sup>

In your majesty, ride out to victory, defending truth, humility, and justice. Go forth to perform awe-inspiring deeds! <sup>5</sup> Your arrows are sharp, piercing your enemies’ hearts. The nations fall beneath your feet.





Your throne, O God, <sup>a</sup> endures forever and ever. You rule with a scepter of justice. <sup>7</sup> You love justice and hate evil. Therefore God, your God, has anointed you, pouring out the oil of joy on you more than on anyone else.<sup>8</sup> Myrrh, aloes, and cassia perfume your robes. In ivory palaces the music of strings entertains you.<sup>9</sup> Kings' daughters are among your noble women. At your right side stands the queen, wearing jewelry of finest gold from Ophir!

### **Psalm 46:1 -11**

God is our refuge and strength, always ready to help in times of trouble.<sup>2</sup> So we will not fear when earthquakes come and the mountains crumble into the sea.<sup>3</sup> Let the oceans roar and foam. Let



the mountains tremble as the waters surge! A river brings joy to the city of our God, the sacred home of the Most High.<sup>5</sup> God dwells in that city; it cannot be destroyed. From the very break of day, God will protect it.<sup>6</sup> The nations are in chaos, and their kingdoms crumble! God's voice thunders, and the earth melts!<sup>7</sup>

The LORD of Heaven's Armies is here among us, the God of Israel is our fortress. Come, see the glorious works of the LORD: See how he brings destruction upon the world.<sup>9</sup> He causes wars to end throughout the earth. He breaks the bow and snaps the spear; he burns the shields with fire. Be still, and know that I am God! I will be honored by every nation. I will be honored throughout the world." The LORD of Heaven's Armies is here among us; the God of Israel is our fortress.

Come, everyone! Clap your hands! Shout to God with joyful praise!<sup>2</sup> For the LORD Most High is



awesome. He is the great King of all the earth.<sup>3</sup> He subdues the nations before us, putting our enemies beneath our feet.<sup>4</sup> He chose the Promised Land as our inheritance, the proud possession of Jacob's descendants, whom he loves. God has ascended with a mighty shout.

The LORD has ascended with trumpets blaring.<sup>6</sup> Sing praises to God, sing praises; sing praises to our King, sing praises!<sup>7</sup> For God is the King over all the earth. Praise him with a psalm.<sup>8</sup> God reigns above the nations, sitting on his holy throne.<sup>9</sup> The rulers of the world have gathered together with the people of the God of Abraham. For all the kings of the earth belong to God. He is highly honored everywhere.

### **Psalm 48:1-3**

How great is the LORD, how deserving of praise, in the city of our God, which sits on his holy mountain!<sup>2</sup> It is high and magnificent; the whole



earth rejoices to see it! Mount Zion, the holy mountain, <sup>a</sup> is the city of the great King!<sup>3</sup> God himself is in Jerusalem's towers, revealing himself as its defender.

**Psalm. 48:8 -11**

We had heard of the city's glory, but now we have seen it ourselves—the city of the LORD of Heaven's Armies. It is the city of our God; he will make it safe forever. God, we meditate on your unfailing love as we worship in your Temple.<sup>10</sup> As your name deserves, O God, you will be praised to the ends of the earth. Your strong right hand is filled with victory<sup>11</sup> Let the people on Mount Zion rejoice. Let all the towns of Judah be glad because of your justice.

**Psalm 50:1-6**

The LORD, the Mighty One, is God, and he has spoken; he has summoned all humanity from where the sun rises to where it sets.<sup>2</sup> From Mount



Zion, the perfection of beauty, God shines in glorious radiance.<sup>3</sup> Our God approaches, and he is not silent. Fire devours everything in his way, and a great storm rages around him.<sup>4</sup> He calls on the heavens above and earth below to witness the judgment of his people.<sup>5</sup> “Bring my faithful people to me—those who made a covenant with me by giving sacrifices.”<sup>6</sup> Then let the heavens proclaim his justice, for God himself will be the judge.

### **Psalm 65:1-13**

What mighty praise, O God, belongs to you in Zion. We will fulfill our vows to you,<sup>2</sup> for you answer our prayers. All of us must come to you.<sup>3</sup> Though we are overwhelmed by our sins, you forgive them all.<sup>4</sup> What joy for those you choose to bring near, those who live in your holy courts. What festivities await us inside your holy Temple.



You faithfully answer our prayers with awesome deeds, O God our savior. You are the hope of everyone on earth, even those who sail on distant seas.<sup>6</sup> You formed the mountains by your power and armed yourself with mighty strength.<sup>7</sup> You quieted the raging oceans with their pounding waves and silenced the shouting of the nations.<sup>8</sup> Those who live at the ends of the earth stand in awe of your wonders.

From where the sun rises to where it sets, you inspire shouts of joy. You take care of the earth and water it, making it rich and fertile. The river of God has plenty of water; it provides a bountiful harvest of grain, for you have ordered it so.<sup>10</sup> You drench the plowed ground with rain, melting the clods and leveling the ridges. You soften the earth with showers and bless its abundant crops.

<sup>11</sup> You crown the year with a bountiful harvest; even the hard pathways overflow with



abundance.<sup>12</sup> The grasslands of the wilderness become a lush pasture, and the hillsides blossom with joy.<sup>13</sup> The meadows are clothed with flocks of sheep, and the valleys are carpeted with grain. They all shout and sing for joy!

### **Psalm 66:1-10**

Shout joyful praises to God, all the earth!<sup>2</sup> Sing about the glory of his name! Tell the world how glorious he is.<sup>3</sup> Say to God, “How awesome are your deeds! Your enemies cringe before your mighty power.<sup>4</sup> Everything on earth will worship you; they will sing your praises, shouting your name in glorious songs.” Come and see what our God has done, what awesome miracles he performs for people!<sup>6</sup> He made a dry path through the Red Sea, and his people went across on foot. There we rejoiced in him.<sup>7</sup> For by his great power he rules forever. He watches every



movement of the nations; let no rebel rise in defiance.

### **Psalm 67: 1-7**

May God be merciful and bless us. May his face smile with favor on us. May your ways be known throughout the earth, your saving power among people everywhere.<sup>3</sup> May the nations praise you, O God. Let the whole world sing for joy, because you govern the nations with justice and guide the people of the whole world. May the nations praise you, O God. Yes, may all the nations praise you.<sup>6</sup> Then the earth will yield its harvests, and God, our God, will richly bless us.<sup>7</sup> Yes, God will bless us, and people all over the world will fear him.

### **Psalm 68:1-20**

Rise up, O God, and scatter your enemies. Let those who hate God run for their lives.<sup>2</sup> Blow them away like smoke. Melt them like wax in a





fire. Let the wicked perish in the presence of God.<sup>3</sup> But let the godly rejoice. Let them be glad in God's presence. Let them be filled with joy.<sup>4</sup> Sing praises to God and to his name! Sing loud praises to him who rides the clouds. His name is the LORD—rejoice in his presence!

Father to the fatherless, defender of widows—this is God, whose dwelling is holy.<sup>6</sup> God places the lonely in families; he sets the prisoners free and gives them joy. But he makes the rebellious live in a sun-scorched land.

O God, when you led your people out from Egypt, when you marched through the dry wasteland,<sup>8</sup> the earth trembled, and the heavens poured down rain before you, the God of Sinai, before God, the God of Israel.<sup>9</sup> You sent abundant rain, O God, to refresh the weary land.<sup>10</sup> There your people finally settled, and with a bountiful harvest, O God, you provided for your needy people.



The mountains of Bashan are majestic, with many peaks stretching high into the sky.<sup>16</sup> Why do you look with envy, O rugged mountains, at Mount Zion, where God has chosen to live, where the LORD himself will live forever?

Surrounded by unnumbered thousands of chariots, the Lord came from Mount Sinai into his sanctuary.<sup>18</sup> When you ascended to the heights, you led a crowd of captives. You received gifts from the people, even from those who rebelled against you. Now the LORD God will live among us there. Praise the Lord; praise God our savior! For each day he carries us in his arms.<sup>20</sup> Our God is a God who saves! The Sovereign LORD rescues us from death.

### **Psalm 69:34 -36**

Let heaven and earth praise him, the seas and all that move in them, for God will save Zion and rebuild the cities of Judah. Then people will



settle there and possess it; the children of his servants will inherit it, and those who love his name will dwell there.

### **Psalm 77:13-20**

O God, your ways are holy. Is there any god as mighty as you?<sup>14</sup> You are the God of great wonders! You demonstrate your awesome power among the nations.<sup>15</sup> By your strong arm, you redeemed your people, the descendants of Jacob and Joseph. When the Red Sea saw you, O God, its waters looked and trembled! The sea quaked to its very depths.<sup>17</sup> The clouds poured down rain; the thunder rumbled in the sky. Your arrows of lightning flashed.<sup>18</sup> Your thunder roared from the whirlwind; the lightning lit up the world! The earth trembled and shook.<sup>19</sup> Your road led through the sea, your pathway through the mighty waters—a pathway no one knew was there!<sup>20</sup> You led your people along that road like



a flock of sheep, with Moses and Aaron as their shepherds.

**Psalm. 84:1-5**

How lovely is your dwelling place, O LORD of Heaven's Armies.<sup>2</sup> I long, yes, I faint with longing to enter the courts of the LORD. With my whole being, body and soul, I will shout joyfully to the living God.<sup>3</sup> Even the sparrow finds a home, and the swallow builds her nest and raises her young at a place near your altar, O LORD of Heaven's Armies, my King and my God!<sup>4</sup> What joy for those who can live in your house, always singing your praises. What joy for those whose strength comes from the LORD, who have set their minds on a pilgrimage to Jerusalem.

**Psalm 84:10 -12**

A single day in your courts is better than a thousand anywhere else! I would rather be a gatekeeper in the house of my God than live the



good life in the homes of the wicked. For the LORD God is our sun and our shield. He gives us grace and glory. The LORD will withhold no good thing from those who do what is right.<sup>12</sup> O LORD of Heaven's Armies, what joy for those who trust in you.

### **Psalm 85:10-13**

Unfailing love and truth have met together. Righteousness and peace have kissed.<sup>11</sup> Truth springs up from the earth, and righteousness smiles down from heaven.<sup>12</sup> Yes, the LORD pours down his blessings. Our land will yield its bountiful harvest.<sup>13</sup> Righteousness goes as a herald before him, preparing the way for his steps.

### **Psalm 87:1-3**

On the holy mountain stands the city founded by the LORD.<sup>2</sup> He loves the city of Jerusalem



more than any other city in Israel.<sup>a3</sup> O city of God, what glorious things are said of you!

### **Psalm 89: 9-18**

You rule the oceans. You subdue their storm-tossed waves.<sup>10</sup> You crushed the great sea monster. You scattered your enemies with your mighty arm.<sup>11</sup> The heavens are yours, and the earth is yours; everything in the world is yours—you created it all.<sup>12</sup> You created north and south. Mount Tabor and Mount Hermon praise your name.<sup>13</sup> Powerful is your arm! Strong is your hand! Your right hand is lifted high in glorious strength.

<sup>14</sup> Righteousness and justice are the foundation of your throne. Unfailing love and truth walk before you as attendants.<sup>15</sup> Happy are those who hear the joyful call to worship, for they will walk in the light of your presence, LORD.<sup>16</sup> They rejoice all day long in your wonderful reputation. They



exult in your righteousness.<sup>17</sup> You are their glorious strength. It pleases you to make us strong.<sup>18</sup> Yes, our protection comes from the LORD, and he, the Holy One of Israel, has given us our king.

### **Psalm 90:1-6**

“Lord, through all the generations you have been our home!<sup>2</sup> before the mountains were born, before you gave birth to the earth and the world, from beginning to end, you are God. You turn people back to dust, saying, “Return to dust, you mortals! “For you, a thousand years are as a passing day, as brief as a few night hours.<sup>5</sup>

You sweep people away like dreams that disappear. They are like grass that springs up in the morning. In the morning it blooms and flourishes, but by evening it is dry and withered.



### **Psalm 90:11-12**

<sup>11</sup>Who can comprehend the power of your anger? Your wrath is as awesome as the fear you deserve.<sup>12</sup> Teach us to realize the brevity of life, so that we may grow in wisdom.

### **Psalm 93:1 -5**

The LORD is king! He is robed in majesty. Indeed, the LORD is robed in majesty and armed with strength. The world stands firm and cannot be shaken. Your throne, O LORD, has stood from time immemorial. You yourself are from the everlasting past.<sup>3</sup> The floods have risen up, O LORD. The floods have roared like thunder; the floods have lifted their pounding waves.<sup>4</sup> But mightier than the violent raging of the seas, mightier than the breakers on the shore—the LORD above is mightier than these! <sup>5</sup> Your royal laws cannot be changed. Your reign, O LORD, is holy forever and ever.





### **Psalm 95:1-7**

Come, let us sing to the LORD! Let us shout joyfully to the Rock of our salvation.<sup>2</sup> Let us come to him with thanksgiving. Let us sing psalms of praise to him.<sup>3</sup> For the LORD is a great God, a great King above all gods.<sup>4</sup> He holds in his hands the depths of the earth and the mightiest mountains.<sup>5</sup>

The sea belongs to him, for he made it. His hands formed the dry land, too. Come, let us worship and bow down. Let us kneel before the LORD our maker,<sup>7</sup> for he is our God. We are the people he watches over, the flock under his care.

### **Psalm 96:1-13**

“Sing a new song to the LORD! Let the whole earth sing to the LORD! Sing to the LORD; praise his name. Each day proclaim the good news that he saves’ Publish his glorious deeds among the nations. Tell everyone about the amazing things he does. Great is the LORD! He



is most worthy of praise! He is to be feared above all gods. The gods of other nations are mere idols, but the LORD made the heavens! Honor and majesty surround him; strength and beauty fill His sanctuary.”

For great is the LORD and most worthy of praise; He is to be feared above all gods. For all the gods of the nations are idols, but the LORD, made the heavens. Splendor and majesty are before Him; strength and glory are in His sanctuary.

Ascribe to the LORD, O families of nations, ascribe to the LORD glory and strength. Ascribe to the LORD the glory due his name; bring an offering and come into his courts. Worship the LORD in the splendor of His holiness; tremble before Him, all the earth. Say among the nations, “The LORD reigns.”



The world is firmly established, it cannot be moved; He will judge the peoples with equity. Let the heavens rejoice, let the earth be glad; let the sea resound, and all that is in it; let the fields be jubilant, and everything in them. Then all the trees of the forest will sing for joy; they will sing before the LORD, for he comes, he comes to judge the earth. He will judge the world in righteousness and the peoples in his truth.

### **Psalm 97:1-12**

“The LORD is king! Let the earth rejoice! Let the farthest coastlands be glad. Dark clouds surround him. Righteousness and justice are the foundation of his throne. Fire spreads ahead of him and burns up all his foes. His lightning flashes out across the world. The earth sees and trembles. The mountains melt like wax before the LORD. Before the Lord of all the earth. The heavens proclaim his righteousness; every nation sees his glory.



Those who worship idols are disgraced—all who brag about their worthless gods—for every god must bow to him. Jerusalem has heard and rejoiced, and all the towns of Judah are glad because of your justice, O LORD!<sup>9</sup> For you, O LORD, are supreme over all the earth; you are exalted far above all gods.”

“ You who love the LORD, hate evil! He protects me and the lives of his godly people and rescues them from the power of the wicked.<sup>11</sup> Light shines on the godly, and joy on those whose hearts are right <sup>12</sup> May all who are godly rejoice in the LORD and praise His holy name!”

### **Psalm 99:1-5**

“ The LORD is king! Let the nations tremble! He sits on his throne between the cherubim. Let the whole earth quake. The LORD sits in majesty in Jerusalem, exalted above all the nations’ Let them praise your great and awesome name. Your name is holy. Mighty King, lover of justice, you



have established fairness. You have acted with justice and righteousness throughout Israel. Exalt the LORD our God! Bow low before his feet, for he is holy!

### **Psalm 103:1-22**

Bless, the Lord O my soul, and all my inward parts — bless His Holy Name. Bless the Lord who is forgiving all thine iniquities, Who is healing all thy diseases, Who is redeeming from destruction thy life, Who is crowning thee — kindness and mercies, <sup>5</sup> Who is satisfying with good thy desire, Renew itself as an eagle doth thy youth.

Jehovah is doing righteousness and judgments. For all the oppressed. He maketh known His ways to Moses, To the sons of Israel His acts. Merciful and gracious [is] Jehovah, Slow to anger, and abundant in mercy. Not for ever doth He strive, Nor to the age doth He watch. <sup>1</sup>Not according to our sins hath He done to us, nor



according to our iniquities Hath He conferred benefits upon us. For, as the height of the heavens [is] above the earth, His kindness hath been mighty over those fearing Him. As the distance of east from west He hath put far from us our transgressions. As a father hath mercy on sons, Jehovah hath mercy on those fearing Him. For He hath known our frame, remembering that we [are] dust. Mortal man! as grass [are] his days. As a flower of the field so he flourisheth;

For a wind hath passed over it, and it is not. And its place doth not discern it any more. And the kindness of Jehovah [Is] from age even unto age on those fearing Him, And His righteousness to sons' sons, To those keeping His covenant, And to those remembering His precepts to do them.

Jehovah in the heavens Hath established His throne, And His kingdom over all hath ruled. Bless Jehovah, ye His messengers, Mighty in power — doing His word, To hearken to the



voice of His Word. Bless Jehovah, all ye His hosts, His ministers — doing His pleasure. Bless Jehovah, all ye His works. In all places of His dominion. Bless, O my soul, Jehovah!

### **Psalm 104:1-34**

Let all that I am praise the LORD.           O  
LORD my God, how great you are! You are robed with honor and majesty.<sup>2</sup> You are dressed in a robe of light. You stretch out the starry curtain of the heavens;<sup>3</sup> you lay out the rafters of your home in the rain clouds. You make the clouds your chariot; you ride upon the wings of the wind.<sup>4</sup>

The winds are your messengers; flames of fire are your servants. You placed the world on its foundation so it would never be moved.<sup>6</sup> You clothed the earth with floods of water, water that covered even the mountains.<sup>7</sup> At your command,



the water fled; at the sound of your thunder, it hurried away.<sup>8</sup> Mountains rose and valleys sank to the levels you decreed.<sup>9</sup> Then you set a firm boundary for the seas, so they would never again cover the earth.

You make springs pour water into the ravines, so streams gush down from the mountains. They provide water for all the animals, and the wild donkeys quench their thirst.<sup>12</sup> The birds nest beside the streams and sing among the branches of the trees.

You send rain on the mountains from your heavenly home, and you fill the earth with the fruit of your labor.<sup>14</sup> You cause grass to grow for the livestock and plants for people to use. You allow them to produce food from the earth—<sup>15</sup> wine to make them glad, olive oil to soothe their skin, and bread to give them strength.<sup>16</sup>





The trees of the LORD are well cared for— the cedars of Lebanon that he planted.<sup>17</sup> There the birds make their nests, and the storks make their homes in the cypresses.<sup>18</sup> High in the mountains live the wild goats, and the rocks form a refuge for the hyraxes.<sup>a</sup> You made the moon to mark the seasons, and the sun knows when to set.<sup>20</sup> You send the darkness, and it becomes night, when all the forest animals prowl about.<sup>21</sup>

Then the young lions roar for their prey, stalking the food provided by God.<sup>22</sup> At dawn they slink back into their dens to rest.<sup>23</sup> Then people go off to their work, where they labor until evening. O LORD, what a variety of things you have made! In wisdom you have made them all.

The earth is full of your creatures. Here is the ocean, vast and wide, teeming with life of every kind, both large and small.<sup>26</sup> See the ships sailing along, and Leviathan,<sup>a</sup> which you made to play in the sea. They all depend on you to give them food



as they need it.<sup>28</sup> When you supply it, they gather it. You open your hand to feed them, and they are richly satisfied.<sup>29</sup> But if you turn away from them, they panic. When you take away their breath,

they die and turn again to dust.<sup>30</sup> When you give them your breath, life is created, and you renew the face of the earth. May the glory of the LORD continue forever. The LORD takes pleasure in all he has made!<sup>32</sup> The earth trembles at his glance; the mountains smoke at his touch.

I will sing to the LORD as long as I live. I will praise my God to my last breath!<sup>4</sup> May all my thoughts be pleasing to him, for I rejoice in the LORD.

### **Psalm 107: 8-9**

“Let them praise the LORD for His great love and for the wonderful things he has done for them. For YOU Lord, satisfy me when I am



thirsty and You fill my hunger with good things.”

### **Psalm 111:1-10**

“I will thank the LORD with all my heart as I meet with his godly people. How amazing are the deeds of the LORD! All who delight in Him should ponder them. Everything He does reveals his glory and majesty. His righteousness never fails. He causes us to remember his wonderful works. How gracious and merciful is our LORD!<sup>5</sup> He gives food to those who fear him; he always remembers his covenant. He has shown his great power to His people by giving them the lands of other nations. All He does is just and good, and all His commandments are trustworthy, they are forever true, to be obeyed faithfully and with integrity. He has paid a full ransom for His people. He has guaranteed His covenant with them forever. What a holy, awe-inspiring name He has . Fear of the LORD is the



foundation of true wisdom. All who obey His commandments will grow in wisdom.”

### **Psalm 113:1-9**

Praise the LORD! Yes, give praise, O servants of the LORD. Praise the name of the LORD! <sup>2</sup> Blessed be the name of the LORD now and forever.<sup>3</sup> Everywhere—from east to west—praise the name of the LORD.<sup>4</sup> For the LORD is high above the nations; his glory is higher than the heavens.

Who can be compared with the LORD our God, who is enthroned on high?<sup>6</sup> He stoops to look down on heaven and on earth.<sup>7</sup> He lifts the poor from the dust and the needy from the garbage dump.<sup>8</sup> He sets them among princes, even the princes of his own people! He gives the childless woman a family, making her a happy mother.



### **Psalm 115:16-18**

“The heavens belong to the LORD, but He has given the earth to all humanity. The dead cannot sing praises to the LORD, for they have gone into the silence of the grave. But we can praise the LORD both now and forever!”

### **Psalm 118:2-9**

Let Israel say, “His steadfast love endures forever. “Let the house of Aaron say, “His steadfast love endures forever.”<sup>4</sup> Let those who fear the LORD say, “His steadfast love endures forever. “Out of my distress I called on the LORD; the LORD answered me and set me free. The LORD is on my side; <sup>1</sup>I will not fear. What can man do to me?<sup>7</sup> The LORD is on my side as my helper; I shall look in triumph on those who hate me. It is better to take refuge in the LORD than to trust in man.<sup>9</sup>It is better to take refuge in the LORD.



### **Psalm 118:22-23**

“The stone that the builders rejected has now become the cornerstone <sup>23</sup> This is the LORD’s doing, and it is wonderful to see.”

### **Psalms 121:1-5**

“I look up to the mountains—because my help come from there. My help comes from the LORD, who made heaven and earth!” He will not let you stumble; the one who watches over you will not slumber. Indeed, He who watches over Israel never slumbers or sleeps.” “The LORD himself watches over you! The LORD stands beside you as your protective shade.”

### **Psalm 121:7-8**

“The LORD keeps me from all harm and watches over my life. The LORD keeps watch over me when I come and go, both now and forever.”



### **Psalm 123:1-2**

“I lift my eyes to you, O God, enthroned in heavens. We keep looking to the LORD our God for his mercy, just as servants keep their eyes on their master, as a slave girl watches her mistress for the slightest signal.”

### **Psalm 126:1-3**

“When the LORD brought back his exiles to Jerusalem, it as it was like a dream. We were filled with laughter, and we sang for joy. And the other nations said, “What amazing Things the LORD has done for them.”<sup>3</sup> Yes, the LORD has done amazing things for us! What joy!”

### **Psalm 135: 5-14**

“I know that the LORD is great, that our Lord is greater than all gods’. The LORD does whatever pleases Him, in the heavens and on the earth, in the seas and all their depths’ He makes clouds rise from the ends of the earth. He sends



lightning with the rain and brings out the wind from his storehouses.”

“He struck down the firstborn of Egypt, the firstborn of men and animals <sup>9</sup> He sent his signs and wonders into your midst, O Egypt, against Pharaoh and all his servants struck down many nations and killed mighty kings—Siphon king of the Amorites king of Bashan and all the kings of Canaan—and he gave their land as an inheritance, an inheritance to his people Israel.”

“Your name, O LORD, endures forever, your renown, O LORD, through all generations. For the LORD will vindicate His people and have compassion on His servants.”

### **Psalm 145:3-21**

“Great is the LORD and most worthy of praise. His greatness no one can fathom One generation will commend your works to another; they will tell of your mighty acts. We will speak of Your





glorious splendor of your majesty. I will meditate on your wonderful works. I will tell of the power of your awesome works, and I will proclaim your great deeds. I will celebrate your abundant goodness and joyfully sing of your righteousness.”

“The LORD is gracious and compassionate, slow to anger and rich in love The LORD is good to all; he has compassion on all he has made. All you have made will praise you, O LORD; your saints will extol you. I will tell of the glory of your kingdom and speak of you might so that all may know of your mighty acts and the glorious splendor of your kingdom.”

“Your kingdom is an everlasting kingdom, and your dominion endures through all generations. The LORD is faithful to all his promises and loving toward all he has made. The LORD upholds all those who fall and lifts up all who are bowed down. The eyes of all look to you, and



you give them their food at the proper time. You open your hand and satisfy the desires of every living thing.”

“The LORD is righteous in all his ways and loving toward all he has made. The LORD is near to all who call on him, to all who call on him in truth. He fulfills the desires of those who fear him; he hears their cry and saves them. The LORD watches over all who love him, but all the wicked he will destroy.” “My mouth will speak in praise of the LORD. Let every creature praise his holy name for ever and ever.”

### **Psalm 146:1-10**

“Praise the Lord. Praise the Lord, O My soul and I will praise the LORD all my life; I will sing praise to my God as long as I live. “Do not put



your trust in princes, in mortal men, who cannot save. When their spirit departs, they return to the ground; on that very day their plans come to nothing.”

“Blessed is he whose help is the God of Jacob, whose hope is in the LORD his God the Maker of heaven and earth, the sea, and everything in them the LORD, who remains faithful forever. He upholds the cause of the oppressed and gives food to the hungry.

The LORD sets prisoners free the LORD gives sight to the blind, the LORD lifts up those who are bowed down, the LORD loves the righteous. The LORD watches over the alien and sustains the fatherless and the widow, but he frustrates the ways of the wicked.” “The LORD reigns forever, your God, O Zion, for all generations. Praise the LORD.”



### **Psalm 147:1 – 20**

Praise ye Jah! For [it is] good to praise our God,  
For pleasant — comely [is] praise. Building  
Jerusalem [is] Jehovah, The driven away of Israel  
He gathereth. <sup>3</sup> Who is giving healing to the  
broken of heart, And is binding up their griefs.  
<sup>4</sup>Appointing the number of the stars, To all them  
He giveth names. Great [is] our Lord, and  
abundant in power, Of His understanding there is  
no narration. Jehovah is causing the meek to  
stand, Making low the wicked unto the earth.

Answer ye to Jehovah with thanksgiving, Sing ye  
to our God with a harp. Who is covering the  
heavens with clouds, Who is preparing for the  
earth rain, Who is causing grass to spring up [on]  
mountains, Giving to the beast its food, To the  
young of the ravens that call. <sup>1</sup>Not in the might  
of the horse doth He delight, not in the legs of a  
man is He pleased.



<sup>11</sup> Jehovah is pleased with those fearing Him, with those waiting for His kindness. Glorify, O Jerusalem, Jehovah, Praise thy God, O Zion.<sup>13</sup> For He did strengthen the bars of thy gates, He hath blessed thy sons in thy midst. <sup>14</sup> Who is making thy border peace, [With] the fat of wheat He satisfieth Thee. <sup>15</sup> Who is sending forth His saying [on] earth, very speedily doth His word run.

<sup>1</sup>Who is giving snow like wool, Hoar-frost as ashes He scattereth. Casting forth His ice like morsels, Before His cold who doth stand?<sup>18</sup> He sendeth forth His word and melteth them, He causeth His wind to blow — the waters flow. Declaring His words to Jacob, His statutes and His judgments to Israel. He hath not done so to any nation, As to judgments, they have not known them. Praise ye Jah!

***PERSONAL EXAMPLES OF MY  
ELEVATION MORNING PRAYERS***

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## *GREATNESS OF GOD*

Oh Lord you are great and mighty, so great, that from heaven to earth your greatness consumes them both. So great, that from life to death, from heaven to hell, from impenetrable darkness to blinding light. You consume them all.

You saw the darkness and the light, and you said they are good. You called them night and day so man can know one from the other. You saw the rivers and the seas, and said they are good. In Your greatness you filled them with living things, fish of all kinds. So, man can know one from the other.

You looked down to man who you created from the dust of the earth. Then in your greatness you breathed life into Him and He became a living soul. You gave him



intelligence, and knowledge. So, man can know good from evil; one from the other.

You led him by the hand, showed him the vastness of your creation. Every living thing the abundance of your work You gave it to him. So much, that his eyes cannot behold it; his arms cannot surround it; his voice cannot be heard to its furthest place. Then from the depth of the deepest sea, to the height of the highest mountain, You scribe your Name, so Your greatness marks them both. So, man can find you, and know life from death; know one from the other. Surely Lord, we cannot comprehend you, fathom you, or understand your greatness. We only know you from the depths of our heart. We hear your voice call us. We feel your hand guide us. We have your peace deep within us.





Oh, Yes Lord—You are Great. You are Kind, Loving, Long suffering, Slow to anger, Quick to forgive. You heal us, strengthen us, steady us, uphold us. You are our compass when mist and fog have overtaken us. You have given us feet like iron to be unmoved in the storm; those of a deer to walk on unsteady places; feet like the bear to make a path through the forest; legs of the gazelle to jump away from danger.

Then from the eagle gave us the wings of the spirit to soar to the mountains tops where we renew our strength. OH, Yes Lord—You are Great Now O Lord, we beseech you. Reveal your greatness on the earth.

Reveal your power. Demonstrate O Lord the Majesty of your Greatness! Shake the obstinate heart. Call back the wayward son. Reach into the hearts of man, woman, and child, and draw them to you. Heal those



overtaken by this plague. Birth a boldness, and a faith in your people as never before. Cause the Bride to love you again. Give her O Lord the starry eyes of first love again.



## IN THIS SEASON

In this season, God is teaching us to delight in Him. Let us extol Him in this Sabbath Meditation with these words from our hearts, and the words of our lips. Let them be audible and make our proclamation heard.

By our Glory centered communication, we magnify Him for the Glory that He has bestowed upon us. Our heart-centered prayers rise like a fragrant incense at the altar of incense before the veil in the Temple, only for Him to respond as He shines forth the brightness of His presence.

Instantly, we enter into the spirit and by the spirit in greater measure drawing to Him closer and closer. Great is our Lord and mighty in power. He is and shall be forevermore. He is the Living Torah, life, and breath sustained for



evermore. Great is our Lord and mighty in power. He has revealed his word to Jacob, his laws and decrees to Israel, He has done this for us. He sent His only Son clothed in beauty and majesty with glory on His wings.

No other can extol the Lord as His child. It is the LORD that reigns forever, our God, the God of Zion, for all generations. Praise the LORD.”

Great is our Lord and mighty in power. It is the Lord that determines my steps, the number of breaths, the number of days. He determined the number of the stars and calls them each by name. His understanding of my life has no limit.

He knows me, cares for me, watches over me, He spreads His wing over me to shade and shelter me. Yes, The LORD sustains the humble but casts the wicked to the ground.”



Great is our Lord and mighty in power. As we sing to the LORD, let us come with hearts of thanksgiving—let us make music to our God. For it is He who covers the sky with clouds; supplies the earth with rain; makes grass grow on the hills; provides food for the cattle, feeds the young ravens when they call.

Should He not care for me? For our generations and our children’s generations? Great is our Lord and mighty in power. Our God, the Lord of ALL finds pleasure not in the strength of the horse, nor his delight in the legs of a man. He finds no pleasure in the ways of man or the words of his tongue. He delights in those who fear him, who put their hope in his unfailing love.”

Extol the LORD then, O Jerusalem, praise your God, O Zion. For it is he who strengthens the bars of your gates and blesses your people



within you. He grants peace to your borders  
and satisfies you with the finest of wheat.  
“Great is our Lord and mighty in power.



## GODS FAITHFULNESS

Thank you, Lord, for your faithfulness, morning till night, and night until morning! Morning till night, and night until morning your glory surrounds us, Your majesty is ever present. Morning till night, we hear and see the majesty of the labor of your hands, the work of your fingers.

Everyone and everything will surrender before you and declare your glory. Every pestilence, plague, sickness, and disease will bow down to the dust of the earth. Yet Lord, we are but a whisper, a breath, a moment, a day in a season.

With our lips we sing forth your joy, and with our hands we work our labor, with our ears we hear the morning bird's song, with our eyes we see the sparrow feeding its young. Morning till



night and night until morning all creation goes as it was destined to be.

Morning till night, the sun rises and sets in its appointed place. Each day a table is set with its offers. What shall we see? What shall we hear? What shall we experience? What does this daily table hold for us today, O Lord?

Morning till night, Lord, You are my Master and King, my Orchestrator, Organizer, Director, and Partner. You set the day as a table adorned by a majestic host, You alone know what will come, and what will pass.

Morning till night, and night until morning, you visit me in dreams, in the day you visit me in visions. Morning till night my heart is filled with you as the waters fill the seas, and the heights in which you dwell cause me to hunger to climb higher than my earthly estate. You





]cause us to reach for a higher bar, cling to a crevice of your majestic mountain.

Lord, the higher I climb the earthly realm grows smaller and faint. Oh Lord ! Bring us to where the eagle flies, where he renews his strength. Let this pursuit become the journey of our life.

Lord, morning till night, you are there. Night until morning, you watch over us. Each day you neither slumber nor sleep, as You station legions of angels to watch over us to prevent us from striking a stone, and falling from the path. Thank you Lord for your faithfulness, morning till night, and night until morning!



## TAKE UP YOUR HOLY THRONE!

Upon the holy mount stands the city that You, Lord founded. For You, Lord loves the gates of Zion more than all the dwelling places of Jacob. Glorious things of you are spoken O city of God. Your city will arise, and the nations will stream to her.

She will cast forth her light over the highest mountain and flood the darkness of the deepest valley. Jerusalem will again shine for the wonders and the radiance of her King. Then the earth will again remember the deeds and wonders of the God of her making, the fingers that shaped her foundation. On that day, a day in her courts will be better than a thousand elsewhere. When she arises, man would rather be a doorkeeper in the house of the Lord, than to dwell in the tents of wickedness.



When Jerusalem shines, the earth will turn from mourning into joy. The young maidens will dance in her streets, and songs of praise will be heard throughout the earth. Clouds will carry her sound, thunder will bring joy, lightning will light up the sky with his glory and power.

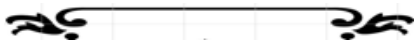
Finally, when Jerusalem shines again, the earth will remember the deeds of the Lord, the wonders that he performed. Every man, woman, and child will ponder the majesty of his work. Night and day, we will meditate upon his deeds. Finally, man will realize that God is holy, his ways are holy, he is great like no other god, for our God is the God of wonders. He has made his might known to us, among all his people.



Yea, when the Lord returns to Zion, her towers will touch the sky, her streets will be filled with joy and celebration. The harp and the lyre will accompany the drum, and the voice of many will fill the land again. Her walls will be as the legs of a warrior, and her heart will be as a fresh well whose waters are sweet and everlasting.

Finally, when the Lord returns to Zion, the land will receive her healing, sweetness will be exchanged for bitterness; sadness will surrender herself to joy; life will be exchanged for dying as sickness gives way to health, and darkness lays herself down for His light.

Lord restore the fortunes of Jacob and bring your Son, our King of Kings. Establish your throne O Lord upon the land—Let Your Kingdom Come, Thy will be done, in Heaven and on earth.



## THE PASSING OF TIME

Oh Lord, as sand passes through our fingers, the days are moving, and the nights seem long. I hear and feel the pain of those losing a loved one. I wondered how long did it seem that night in Goshen when the sounds of all the firstborn of Egypt were swept away. Did the night seem like an eternity? Did the hours feel as long as the days and months today? Lord, send a reprieve for the suffering!

It seems Lord that You have stretched out time again, and captured us in a window of consequence that will apprehend generations. Yes, the young and old will remember and speak of this for generations to come should you tarry Lord. But when it is over, let us not return to wasted time, let us not spill it like



water running off the ground, or as a morning mist. Rather, cause me to spend my efforts on those things of heavenly importance. Not on those things to please man, or the things and ways of the natural order. Let us fully embrace those enduring and eternal joys.

Many have come to understand what we know well as a child of God: Every person will stand before the Lord and give an account alone. Like those dyeing of COVID, no one can be at their side. No Clergy, friend, relative, spouse, children, advocate, or representative. COVID has taught the world what the Bible has long taught: Every person will stand before the Lord alone to give an account (2 Corinthians 5:10 and Revelation 20:11-15.)

But Have You Noticed?



The fly scurries about unceasingly in the air seeking a thousand places to land in a day. The ant, though industrious, walks a thousand times a thousand steps in a day for its labor. But we have been given a soul that can contemplate our ways, and the ability to choose what is important on earth and in heaven.

Unlike the ant, or the fly, we can determine our resting place, and land in the shelter and the shadow of the Most High. There is something else about our soul:

It thirsts to be refreshed in the morning solely because our Lord's testimonies are steadfast. In other words, our soul finds security in His testimonies because they are upright, causing rejoicing in our hearts. This makes the wise simple. We rejoice in the simple fact of knowing that His commandments are upright, pure, and



thoroughly enlightening of my eyes. They will stand to the end of the ages.

So, Lord, as time passes like sand through my fingers, let me not be as the ant that cannot cease from its labor, or the fly that cannot find its resting place. Let my day find wisdom in the simple things.





## “OUR GOD OF WONDERS”

There is nothing that you, Lord cannot see. Everything exists in you. You are not a being with super-powers residing in our world. You are the One in whom we (and the whole world) I exist: “In you we live and move and have our being” (Acts 17:28). The world only keeps existing because of your ongoing grace and purpose that wills our existence. The world has no existence independent You Lord. The world is like a story that You are unfolding as pages in a book; If you Lord do not speak into existence, then it doesn’t exist.

Consider:

How much computing power does God Have?

Its incomputable!

How fast is the mind of God? Its incomputable!



How much power does God Have? Its incomputable?

How did God create the universe? Its incomputable!

What is the vastness of God's wisdom? Its incomputable!

How large is God's Kingdom? Its incomputable?

What is under Gods control? Everything!

How many nuclear bombs would it take to destroy the earth? The Ivy bomb was the largest nuclear bomb tested by the United States. It would take 336.061 Ivy bombs to destroy the earth. God could destroy the earth, with 1 wind, 1 breath, 1 word, 1 thought, earthquake, 1 meteor, 1 flood. Then God saved mankind from sin with 1 Person, Jesus. What is the most that the human eye can see?



Only 3 miles on a perfectly flat surface when the conditions are just right. God can see a tiny ant 24, 901 miles away from one side of the earth to the other. How high can a six-foot man reach? Only a standing reach of eight feet. God can wrap His arms around the planet measuring 24,901 miles around, then stand on the earth and touch the Moon, 238,900 miles up.

No creature is hidden from his sight, but all are naked and exposed to the eyes of him to whom we must give account. The eyes of the Lord are in every place, keeping watch on the evil and the good. Lord, you have searched me and known me! You know when I sit down and when I rise up; you discern my thoughts from afar.

You search out my path and my lying down and are acquainted with all my ways. Even before a word is on



my tongue, behold, O Lord, you know it altogether. You hem me in, behind and before, and lay your hand upon me. ...Psalm 139:1-24  
For the Lord looks to the ends of the earth and sees everything under the heavens. Job 28:24

Can a man hide himself in secret places so that I cannot see him? declares the Lord. Do I not fill heaven and earth? declares the Lord. Jeremiah 23:24.

From day to day, through storms and stillness of night, or at the gentle stream of peace, You are there. You are there in times of solitude, or when we stand in the midst of the great assembly.

You are there when the day feels dark, and when my steps have no understanding of where to go—you are there!

You are there when my eyes fail the light of



tomorrow, and hope has vanquished the morning. You are there when deliverance is carried by the morning sun, and hope rises in the dawn.

Never are you forgetful, never are You unmindful of me. Although You seem distant and far in times and seasons here, you remind me this morning that you are near to me.

You are closer than a brother; you are the shadow of my day, the shelter that I run to.

Blessed are you! For You Lord are Righteousness and Justice. These are the foundation of your throne, not the striving of the earth, or the paths of man, or wisdom of this world. These will fly away on the wings of a fly in the presence of your breath.

Blessed are You!

For Your love and faithfulness kiss each other, and is the fabric of your robe; the fabric of what



I long for, the cloak of glory, honor and majesty when I will reside in your presence. In this season oh Lord!

Blessed are Your people, for they now how to raise their voices to you.

Blessed are Your people, for they know how to exult you in the days of trial. Blessed are Your people, for they look to you with eyes of favor, as You are our horn of deliverance. Blessed are Your people, for they calm the raging storm, and stand peacefully in a raging sea. For Your shield belongs to us and no other.

You are the Mighty One of Israel, the Holy One of the House of Jacob. You are the savior of the world, the redeemer of mankind, the oil of anointing, the oil that flows down the beard of Aaron. You Lord, are the glory and strength of Your People. We Father, are you children whose hearts long for you.



This morning Lord I thank for your greatness! “Praise the Lord this morning, and say to your soul, “worship the Lord and forget not all His benefits.” For you Lord will strengthen me, that I may carry the weight over mountains and through fire. Lord, You will relieve me in my greatest time of trial; You will be within the fire, the storm, the blackness of night, the mightiest thunder, when the mountains tremble, and the earth shakes, You will steady me.

From season to season, as days lead to weeks and weeks lead to months, my soul will be steady and secured, both in the soundness of speech and clarity of thought. My heart will not be pricked by fear, fatigue, worry, or concern. Material concerns will take flight as a bird in the air, and my soul will drink as the dear pants for water. Lord, give me an oasis in the desert today as begin my journey again.



Elevate my soul today, that I may walk upon a higher plane. Strengthen my back that I may hold this weight, and my grip does not weaken. I know Lord that have forgiven me of my sins and healeth all my diseases. You have redeemed my life from the pit, and you crowned me with love and compassion. You, Lord, satisfy my desires, You, renew my strength like the eagles. You are compassionate and gracious, You, are slow to anger, and abounding in love. For as high as the heavens are above the earth, so great is your love for me today in this season.

Thank you, Lord for your love today!



